

**Activity Report over "Citizenship Education and Community Engagement
Program – Active Citizens"
(May 30 to June 03, 2016)**

A training entitled, “Citizenship Education and Community Engagement Program – Active Citizens” was jointly arranged by British Council, HEC and MNS University of Agriculture Multan for the faculty of MNS-UAM. British Council Pakistan deputed four Resource experts and facilitators and their brief introduction is as follows:

1. Ms. Sabohi Ali, Manager Capacity Building
2. Mr. Umair Ali, Project Coordinator
3. Mr. Salaar Talha Azhar, facilitator
4. Ms. Saira Munsaf Khan, facilitator

Active Citizens is a social leadership training program that promotes intercultural dialogue and community-led social development. This program is designed to mobilize community, train individuals & groups, and develop skills & knowledge needed to affect social change in the society. Considering the benefits of this program for the society and to train the young students of MNS-UAM, worthy vice chancellor desired to train faculty member of the MNS-UAM from the experts of British Council.

In order to effectively promote the prophecy of active citizen, Vice Chancellor has vision to introduce a new course mandatory for all students of MNS-UAM. Accordingly, short term objective of this training program is to produce facilitators for the new course related to “Active Citizens” which is expected to be launched by MNS-UAM from the fall semester, 2016. The long term objective of this initiative is to make positive change in the society by persuading students, faculty and community to play their effective role in the society to strengthen volunteerism and liftoff organized social action programs.

For the operational planning and successful execution of this training, a committee was constituted by the competent authority. Dr. Alamgir Akhtar Khan was nominated to serve as focal person and convener. Three faculty members namely Dr. Muhammad Abdullah, Dr. Sidra Ghazanfar and Mr. Babar Farid were nominated as members of this committee.

Daily schedule of this training program was as follows:

Start of session:	09:00 AM
Tea Break:	11:00 AM- 11:20 AM
Prayer & Lunch Break:	1:30PM- 2:10 PM
Closing session	4:00 PM

The above mentioned four resource persons from British Council reached Multan on May 29, 2016. Twenty six participants successfully completed this five day training session (May 30 to June 03, 2016) and venue for the training was Agricultural Mechanization Research Institute (AMRI), Multan. Below is the list of participants/nominees those successfully completed the training.

List of successful Trainees

Sr. No.	Name	Department
1	Dr. Mirza Abdul Qayyum	Entomology
2	Dr. Mudssar Ali	Entomology
3	Ms. Hafiza Tahira Gul	Entomology
4	Dr. Tanveer-ul-Haq	Soil Science
5	Dr. Muhammad Wasim	Soil Science
6	Mr. Muhammad Arif	Soil Science
7	Dr. Kashif Razaq	Horticulture
8	Dr. Ghayoor Fatima	Horticulture
9	Dr. Muhammad Amin	Horticulture
10	Syed Bilal Hussain	Horticulture
11	Dr. Wajid Nazir	PBG
12	Mr. Furqan Ahmad	PBG
13	Mr. Babar Fareed	PBG
14	Dr. Ilyas Raza	Agronomy
15	Dr. Amar Matloob	Agronomy
16	Dr. Khurram Mubeen	Agronomy
17	Dr. Muqarrab Ali	Agronomy
18	Mr. Mudassir Aziz	Agronomy
19	Dr. Alamgir Akhtar Khan	Agri. Engineering
20	Dr. Muhammad Abdullah	Agri. Economics
21	Dr. Sidra Ghanzafar	Agri. Economics
22	Mr. Mirza Abid Mehmood	PLP
23	Dr. Muhammad Shahbaz	FST
24	Ms. Bukhtawar Rana	English
25	Mr. Abdul Aleem	AMRI
26	Mr. Usman Sajid	Social Work

Daily activities

The mode of training was interactive and summary of daily activities of this training is given below:

Day1:

The session started in time. The faculty members as well as the facilitators arrived in time at

the venue. Since norms are very helpful for the success of any activity, so on the day-1, the facilitators and the participants jointly set certain norms; for example, late comer will be welcomed by loud clapping and by saying “Happy Birthday to You”.

Resource persons introduced themselves and described structure of the program. The trainers drew an ice berg and described similarity of visibility of iceberg with human personality. Later the participants were divided into 4 groups and groups were given different situations like Dharna, Meeting, Mehndi and Milaad functions. Each group performed all the four roles and then facilitators described the reasons of these roles, their associated effects and importance to respect others.

In order to understand oneself and the others, the concept of JOHARI WINDOW was presented. The Johari window performance helped participant better understand their relationship with themselves and others, which was created by psychologists Joseph Luft (1916–2014) and Harrington Ingham (1916–1995) in 1955. It is used primarily in self-help groups and corporate settings as a heuristic exercise.

Day2:

The session started in time. Some faculty members were late for few minutes so they were welcomed by loud clapping as well as Happy Birth Day singing. The participants were divided into multiple groups, and each group contained four persons. They were asked to write difference between Debate and Dialogue. Later two groups were merged and were asked to write some points on the above mentioned topics by bringing consensus. In this way the participants were encouraged to make decisions in a collective way.

Round table discussion technique was introduced through an activity. Five participants were asked to sit on round tables. They were asked to discuss one topic and unanimously decided to discuss a topic, Metro Bus Service in Multan. Participants were politely replaced during discussion, i.e. one participant was asked to leave the round table and another was asked to take the vacant place. In this way different opinions were brought in front of people and everybody was given equal chance to speak. This activity promoted a healthy dialogue theme where everybody can present one`s point of view in a decent manner. The participants learnt to listen others and talk on their turn rather than shouting loudly to impress other.

Day3:

As usual the session started in time and the resource persons asked the participants to recall and write down the day-2 activity on a paper. It was just to recall the previous day learning. The participants were given sticky notes and were asked to write the learning. Later the participants were provided different decisions made in society by a person and were asked to

select those factors (pre defined factors like *culture, faith, society and others*) which can influence those decisions of a person. This activity broadened the vision of the participants enabling them to think with broad angles.

After a break, the participants were divided into groups and were asked to play the role of teacher, trainer and facilitator by presenting different topics. This activity helped participants understand the difference between teacher, trainer and facilitator.

Day4:

Session started in time and the resource persons threw the rope towards one person and asked to share his/her learning about the current training. At random turns rope moved and discussion response continued. Through this activity a net of rope was created and everybody listened to others carefully. Some participants were asked to loose the rope and this converted the net to a mess. Facilitator demonstrated the reason and asked all participants to remain connected with each other and make the net strong for the best future of our society. In case, we disconnect from each other, our effectiveness would create a mess as we just noticed in rope activity.

A tea making activity was assigned to participant to teach the importance of steps in planning a program. The learning outcome was planning an activity by clearly describing the effective and convincing roles and steps.

Third activity was to plan a charity show and participants were divided into different departments and they were assigned to act as administration department, marketing department, finance department etc. This activity was intensive and helped participants to understand and arrange upcoming Social Action Plan. The participants learnt the segments of managing a social action plan ie planning, organizing, leading and controlling. At the end, the participants played the role of facilitator under the supervision of pre assigned head facilitator.

Day5:

Session started in time and the resource persons tried to demonstrate a situation for teaching the responsibility and caring others. In the situation, a sale person works hard during long day and wishes to have a good sleep at night but his neighbors start celebrating the birthday of their son loudly. The participants were divided into pairs and were asked to play the role of sales man and neighbor. Comparison of loud and polite discussion activity help understand importance of neighbor and consider others emotions. Every concluded that politeness is a good tool to make other understand situation. Ms. Saira Munsaf Khan, a Psychiatrist and one of the facilitator gave an effective lesson over ANGER and she introduced techniques to overcome anger and handle tough situation amicably.

Fifth day was the last day and closing ceremony was executed on the same day. Around twenty members of South Punjab Agriculture Forum also participated in the closing and certificate distribution ceremony. Dr. Ghayoor Fatima functioned as moderator of the ceremony. Dr. Alamgir Akhtar Khan (Focal Person of this training) concluded the session and offered great thanks to British Council for facilitating and training the faculty of MNSUAM. Dr. Alamgir also thanked the management of Agriculture Mechanization Research Institute (AMRI) for provision of training hall and extending allied facilitating services.

Mr. Umair Ali, representative of British Council explained the important segments of the training and he warmly praised all participants and arrangements made. Mr. Umair explained different streams linked with society mobilization and character building and he generously offered to help MNSUAM in introducing new courses and upcoming similar activities related to active citizenship.

Professor Dr. Asif Ali, Vice Chancellor, MNS-UAM addressed the participants of the ceremony. Honourable Vice Chancellor explained the importance of training program and his very clear vision about the subject matter. He thanked the resource persons for their arrival and managing time for the faculty members of MNS-UAM. He stressed the need to promote social entrepreneurship and assured the participants that soon training over the social entrepreneurship will be conducted because social entrepreneurship is the need of Pakistan as well as this region.

Professor Dr. Asif Ali strongly suggested organizing similar training program for the members of South Punjab Agriculture Forum. He enforced his suggestion with the reason of close link of research and field officer with land lords, villagers, and farm workers. In the end worthy vice Chancellor gave certificates to successful trainees. The participants of the training thanked the Vice Chancellor and the resource experts for their efforts in organizing such a valuable and successful training program.