



[1] Setting and Infrastructure (SI)

[1.23] Health infrastructure facilities for students, academics and administrative staffs' wellbeing









University Wellness Centre





Public Health Society Initiatives and Activities







Description

University has set up the wellness Centre at A-block which runs under public health society. The wellness Centre serves four purposes

- 1- Community services
- 2- Medical advice to the university employs
- 3- Capacity building of students
- 4- Nutritional and prevention services

Wellness Centre has the facility of first aid and different medical tests at minimal or no cost. The tests which we provide are uric acid test, glucose test, HB test, Cholesterol test, Eye test, BP test, pulse rate, screening for different diseases and nutritional advice. Wellness Centre, since its inauguration, has provided medical services to more than eighty patients. Moreover, the team has also been to flood affected areas and provided medical help to more than 1000 patients at free of cost. The concept of wellness Centre is to advocate the healthy lifestyle through behavioral modification. We encourage the concept of prevention over treatment.